



ST. MARY'S HOSPITAL

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St. Mary's Hospital Sponsors Free Cardiac Lecture Noted Cardiologist to Examine Traditional and Holistic Methods

Passaic, NJ – Cardiovascular disease affects the lives of millions of Americans, and many only learn of these effects when it is too late. From surgery and medications, to diet and exercise, there are several options available today that can help you keep your heart healthy. Yet the decision to choose the option that is right for you is not always an easy one.

On Thursday, October 18, 2007, St. Mary's Hospital along with the North Arlington Health Department will sponsor a free program titled "***A Recipe for a Healthy Heart: Traditional vs. Homeopathic Methods.***" The featured speaker will be Cardiologist Dr. Neil Goyal, of St. Mary's Hospital, home to the Eastern Heart Institute, a comprehensive cardiac services program. With his extensive experience and knowledge, Dr. Goyal will give an inside perspective on the latest traditional and homeopathic treatment options available today. Dr. Goyal completed medical school and training at Columbia University, attaining three fellowships in Cardiology, Interventional Cardiology and Endovascular/Structural Heart Disease. A seasoned speaker, Dr. Goyal has participated in national conferences in cardiology and his work has been featured in various textbooks and medical journals.

The program will take place on Thursday, October 18, 2007 at 6pm at the North Arlington Health Department's Community Center, 10 Beaver Avenue, North Arlington, NJ. A free buffet dinner will be provided. To register for this program or for more information please call the St. Mary's Reservation Hotline at (973) 365-6021.

St. Mary's Hospital is the primary provider of quality healthcare to the Passaic and Bergen communities, as well as to areas of Essex and Hudson Counties. It is a non-profit acute care hospital offering a broad range of health care services and community outreach programs. St. Mary's Hospital is a Center of Excellence for Cardiology, Oncology, Behavioral Health, and Women and Children Services. The Hospital has 307 beds, over 550 physicians and employs approximately 1,600 New Jersey residents. St. Mary's Hospital is sponsored by the Sisters of Charity of Saint Elizabeth, Convent Station, NJ.

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